Dean’s Message

The northeast has had the coldest weather since 1934 according to the New York Times. The weather forecast predicts warmer weather will come soon. Spring will come! One of the many reasons I love living in the Northeast is the seasonal changes. Change represents new beginnings and transformations.

The School of Health Related Professions is rapidly approaching its two year anniversary since joining Rutgers University. This has been a welcomed and successful transformation. SHRP is one of the eight schools and multiple institutes that has become Rutgers Biomedical and Health Sciences (RBHS). RBHS, with Rutgers University Camden, Newark, and New Brunswick create the academic structure of Rutgers, the State University of New Jersey. The strategic plan for the university is available at http://universitystrategy.rutgers.edu/ and the plan for RBHS is available at http://rbhs-stratplan.rutgers.edu/.

SHRP is in the midst of revising its strategic plan. This plan will help to guide us as we evolve to reflect the growth in our school and constant changes in the workplace. This revised plan will build on our strengths, focus on our unique contributions, and identify synergies across RBHS, the other Rutgers units and our academic partners across the State. We will transform our school to meet the expectations of a comprehensive research organization and a leading academic institution.

We will develop a more intense focus on research and scholarship. SHRP is committed to the success of members within its community. We transform students interested in health care into health care practitioners. We transform practicing professionals into specialists and experts. We transform competent discipline specific professionals into strong members of the patient centered health care team. We assist clients in lifestyle changes and gain great satisfaction in helping others successfully improve their lives.

SHRP was fortunate to have the rare opportunity to participate in transforming a major university. Each of us play an integral role in contributing to make SHRP a better learning and scholarly organization. How will you contribute? Whether you transition to a different learning assessment, create efficiencies in your work, foster a more positive work environment, or develop a new work system, think about how you can transform our school and then help to make it happen.

Thank you for all you do. Happy Spring! Happy Nutrition Month!

Best Regards,

Julie O’Sullivan Maillet, PhD
Dean (Interim)
Upcoming Events >>

Wednesday, March 18

Stuart D. Cook, M.D. Master Educators’ Guild
2015 Spring Symposium
See across for more information.

Occupational Therapy Assistant Program
Information Session. 6pm - 8pm.
1776 Raritan Road, Room 330
Scotch Plains Campus

Thursday, March 26

Equal Opportunity Fund Open House
Newark, NJ - See page 5 for details.

Saturday, March 28

Sealant Saturday
Allied Dental Education Clinic
1776 Raritan Rd
Scotch Plains Campus

Tuesday, March 31

Résumé Writing Workshop. 5:30pm - 7pm.
Stanley S. Bergen Building, Room 324.
65 Bergen Street, Newark Campus.
Register at osa@shrp.rutgers.edu or call 973.972.7939.

Saturday, April 25

Rutgers Day. 10am - 4pm. New Brunswick and
Piscataway campuses. See page 6 and 7 for more info.

Tuesday, May 12

Integrative Health Symposium. 9am - 12pm.
Medical Science Building, C Level Foyer
185 South Orange, Ave., Newark, NJ
Visit the link below for detailed information:
http://shrp.rutgers.edu/_documents/
Call_for_Abstracts_IH_Symposium.pdf

Thursday, May 14

Research Day. 10:30am - 4:30pm.
Great Hall and Main Lecture Hall at RWJMS.
675 Hoes Lane, Piscataway, NJ 08854

Sunday, May 17

Commencement. 12pm-2pm.
Convocation. 4:30pm
Click below for detailed
information. shrp.rutgers.edu/convocation

SAVE the DATE!

Tuesday, June 2

Annual Faculty Retreat

Friday, June 12

Special Olympics New Jersey - Summer Games.
More information to follow.

2015 Spring Symposium
REFLECTIONS ON REFLECTION:
ITS ROLE IN TEACHING AND LEARNING

Wednesday, March 18, 2015
8am - 3pm
Rutgers Livingston Campus Student Center
Piscataway, New Jersey

Please RSVP (lunch included):
http://www.signupgenius.com/go/10C0C4BA5A929A5FA7-meg2015

Sixth Annual Research Day
The Importance of Research in Clinical Practice

Thursday, May 14, 2015
10:30am - 4:30pm
Great Hall and Main Lecture Hall at RWJMS
675 Hoes Lane, Piscataway, NJ 08854

For submission and scholarship guidelines, please visit:
http://shrp.rutgers.edu/Faculty/Research/researchday.html

HIGHLIGHTS in COMING ISSUES

<table>
<thead>
<tr>
<th>Month</th>
<th>Dept/Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>April</td>
<td>Clinical Laboratory Sciences</td>
</tr>
<tr>
<td>May</td>
<td>Primary Care</td>
</tr>
</tbody>
</table>

All SHRP newsletter submissions are due by the 20th of each month.
Alumni Highlights

Publications


Vicki Schwartz, DCN, Class of 2014; Pamela Rothpletz-Puglia, EdD, Associate Professor and Program Director, BS in Nutrition and Dietetics, Dept. of Nutritional Sciences. Robert Denmark, PhD, Associate Professor and Program Director, PhD in Health Sciences, Dept. of Interdisciplinary Studies; Laura Byham-Gray, PhD, Professor, Dept. of Nutritional Sciences; Program Director, MS in Clinical Nutrition; “Comparison of standardized patients and real patients as an experiential teaching strategy in a nutrition counseling course for dietetic students. Patient Education and Counseling.” 2015;98:168-173.

Doctor of Physical Therapy North Program Participated in the 2015 Combined Sections Meeting of the American Physical Therapy Association

A number of students and faculty participated in the 2015 Combined Sections Meeting of the American Physical Therapy Association that was held in Indianapolis, Indiana on February 4th - 7th. Listed below are participants and their presentations.

Lectures:

Judith Deutsch, PhD, Professor, “PTNow.Org: workshop: writing with a focus on influencing patient care;” “Innovative technologies in rehabilitation (PTJ Panel).”

Karen Huhn, PhD, Assistant Professor, “Clinical reasoning in the classroom and clinic.”

Nancy Kirsch, PhD, DPT, Professor & Program Director, Doctor of Physical Therapy Program (Entry-level), “Ethical challenges in America;” “Who says you have to be competent to practice ethically;” “Humanites in PT: are we ready.”

Sandra Kaplan, PhD, DPT, Professor & Program Director, Physical Therapy Post-Professional Graduate Program; “One EDGE of possibilities: a process to identify outcome measures for neurologic PT practice;” “Section on pediatrics update on guideline development and implementation.”

Kathleen Mairella, DPT, Assistant Professor and alumni, Carina Torres, DPT, Class of 2012, “I need leadership help resources for your leadership journey.”

Platform:


Karen Huhn, PhD, Assistant Professor, “An exploration of clinical reasoning curricula and assessment in physical therapist education.”

Anita Van Wingerden, DPT, Assistant Professor, “Promoting wellness in a senior living community with AiChi aquatic exercise: a feasibility study.”

Poster Presentation:

Dipal Patel, Jody Roman, and Akrita Sharma, DPT class of 2015, “Sustainable global outreach.” Advisor: Alma Merians, PhD

Sarah Carothers Caldwell and Olivia Santa Maria, DPT class of 2015, “For people with lower extremity musculoskeletal injuries, is there evidence that off-the-shelf video games compared to standard of care improve balance, mobility and patient satisfaction.” Advisor: Judith Deutsch, PhD

L-R: Sarah Carothers Caldwell, Dr. Judith Deutsch, and Olivia Santa Maria.

Dipal Patel, Elise Burnett, Caitlin Cole, and Laurie Hutt, DPT class of 2015. “For people with multiple sclerosis, is there evidence that aquatic group exercise improves functional mobility, fatigue and strength?” Advisor: Anita Van Wingerden, DPT

L-R: Laurie Hutt and Dipal Patel.
Faculty Highlights >>

Presentations

Laura Byham-Gray, PhD, Professor & Program Director, MS in Clinical Nutrition, Dept. of Nutritional Sciences; presented “Protein-energy wasting in chronic kidney disease” at the Annual Dialysis Conference, sponsored by the University of Missouri Division of Nephrology in New Orleans, Louisiana on February 1, 2015.

Laura Byham-Gray, PhD, Professor & Program Director, MS in Clinical Nutrition, Dept. of Nutritional Sciences; presented “Optimizing treatment of obesity in chronic kidney disease” at the Annual Dialysis Conference, sponsored by the University of Missouri Division of Nephrology in New Orleans, Louisiana on February 1, 2015.

Recognitions

Kathleen Smith-Wenning, MA, Instructor, Dept. of Primary Care, was featured in the Atlantic Highlands Herald on February 6th, 2015. She was highlighted for volunteer work that she does in Mexico for the Oaxaca Streetchildren Grassroots organization. To read more about it, click the link below: http://www.ahherald.com/newsbrief/monmouth-news/19395-mexican-and-immigrant-health-a-focus-for-rutgers-educator

Riva Touger-Decker, PhD, Professor & Chair, Dept. of Nutritional Sciences, traveled to Israel and conducted two training workshops for dietitians who work for the Israel Ministry of Health in Geriatric, Psychiatric and Home Care on Nutrition focused Physical Examination of the Oral Cavity and Dysphagia Screening. Conducted 2, 2-day workshops for 60 dietitians. Israel Ministry of Health, Tel Hashomer Hospital, Tel Aviv, Israel. February 9 – 12, 2015.

Now Accepting Applications for Eagleton Fellowship

Apply now for the 2016 Eagleton Fellowship Program - open to Rutgers graduate students in ALL schools and departments on New Brunswick, Camden and Newark campuses. This one-year interdisciplinary certificate program allows Fellows to learn about real-world American politics, government, and public affairs, while connecting the fellowship experience to an academic field of study. Eagleton has offered these prestigious fellowships since its inception in 1956.

WHY APPLY?
• stipend and tuition remission awards available
• interdisciplinary program
• highly selective program with an insider's exposure to politics and government
• wide variety of spring placement options
• engaging discussions about politics and government in small weekly seminars in an informal setting
• opportunities to participate in special events
• direct access to practitioners and a network of more than 1,800 Eagleton alumni in state and national politics and government and beyond
• career counseling and job placement assistance

APPLY ONLINE TODAY! APPLICATION DEADLINE MARCH 27th, 2015.
Visit the Eagleton website for more details at http://eagleton.rutgers.edu/students/fellowships.php

CONNECT WITH EAGLETON
Recent and upcoming Eagleton Public Events - http://eagleton.rutgers.edu/events/index.php

“Every Kid in a Park Initiative”

The Office of Secretary Duncan from the United States Department of Education shared information regarding the initiative to have ‘every kid in a park’ - to help get kids to visit and enjoy the outdoors. Visit: http://www.ed.gov/blog/2015/02/lets-get-every-kid-in-a-park/
The Office of Student Affairs is Here for You.

**EOF Summer Program Open House**

**Thursday, March 26**
5pm - 6:30pm
Stanley S. Bergen Building
1st floor, room 177

Students interested in pursuing careers in the Rutgers School of Health Related Professions undergraduate programs are encouraged to attend this event.

The Equal Opportunity Fund (EOF) Summer Program is open to students eligible for financial aid and has completed a high school diploma or a GED but has not yet earned a degree. The Summer Program is designed to enhance and strengthen academic skills in core courses as well as provide guidance to assist individuals to enter into a health related program of their choice.

This program is FREE of charge to all who qualify. All participants will receive a small stipend as well as educational supplies. This Program begins June 25th.

**To register:** [http://apps.shrp.rutgers.edu/projects/EOF/eof_open_house.cfm](http://apps.shrp.rutgers.edu/projects/EOF/eof_open_house.cfm)

**Contact:** Sandie Armand - armand-sa@shrp.rutgers.edu or 973.972.8513

---

**SHRP EOF Student Highlight**

Rutgers School of Health Related Professions - EOF is proud to highlight Ms. Julie Eustis of the Bachelors of Science in Health Sciences - Allied Dental track. Julie received her Associate Degree in Dental Hygiene in January of 2015.

Julie is the first in her immediate family to earn a post-secondary degree. An excellent student, she has maintained a 4.0 grade point average throughout college. Julie shared, “Neither of my parents nor the majority of the adults in my family have graduated from college. And I’ve seen firsthand the difficulties that come along with not having a degree.”

Julie enjoys helping others understand the importance of living a healthy lifestyle. Upon graduation, Julie will apply to the Bachelor of Science in Allied Dental Education in an effort to provide herself with additional opportunities. She states, “I want to succeed and go as far as I can with my education so that I am better equipped to enter a profession that will be rewarding while also providing financial stability.”

---

**Mid-Semester Reminders**

- Plan study time
- Re-read your notes after class
- Establish a routine
- Make time for relaxation
  - Exercise is a great stress reliever!
- Eat well!
- Get enough sleep!
  - 6-9 hours a night!
- Know where to get help!
  - Student Affairs - 973-972-7939
  - Student Wellness - 973-972-5429

For more information please contact Michael Canzano by calling 973-972-9594 or by email michael.canzano@shrp.rutgers.edu.

---

**SHRP @ 2015 Rutgers Day —April 25th**

SHRP is excited to participate in Rutgers Day 2015! If you would like to volunteer for the day or are interested in attending as a visitor, please email osa@shrp.rutgers.edu.

Please also visit the SHRP @ Rutgers Day website for more information @ [http://shrp.rutgers.edu/current_students/Rutgers_Day/SHRP_Rutgers_Day.html](http://shrp.rutgers.edu/current_students/Rutgers_Day/SHRP_Rutgers_Day.html)
**News from the Student Leadership Council (SLC)**

The mission of the SLC is to enhance the voice of the student body by providing representation, leadership, and communication across the campuses of Rutgers SHRP and service to the community.

SLC Charity for 2014-2015:

MAKE-A-WISH FOUNDATION

Make-A-Wish grants the wish of a child diagnosed with a life-threatening medical condition in the US and its territories, on average, every 38 minutes.

We believe that a wish experience can be a game-changer. If every SHRP student (1700 Students) donates $5, we can reach our goal of $3,500!

**Imagine if we could raise $5,000 or more!**

SLC will collect all charity donations online using: [http://www.giveforward.com](http://www.giveforward.com)

**YOU CAN MAKE A DIFFERENCE!**

---

**Important Dates**

- Deadline to apply for May Graduation: **03/02/2015**
- Excellence in Teaching Award Deadline: **03/09/2015**
- Good Friday (Holiday): **04/03/2015**
- Last Day to Withdraw From Spring Courses: **04/10/2015**
- Full Academic Schedule

---

**Fitness and Nutrition Tips for College Students**

- Don’t Skip Breakfast
- Meal prep for the week
- Create healthy smoothies
- Stay hydrated
- Find healthy fast food
- YouTube fitness videos

---

**Questions for RBHS Chancellor Strom**

On March 19, 2015, the SLC will have the opportunity to speak with RBHS Chancellor Brian L. Strom about school matters.

Have a question that you would like answered? Send to: [romigbd@shrp.rutgergs.edu](mailto:romigbd@shrp.rutgergs.edu) or post on the SLC Facebook page!

[Click here](http://www.giveforward.com) to check out the RBHS 5 Year Strategic Plan
Lori Kirn

1. Currently enrolled in the Rutgers SHRP Masters of Science in Rehabilitation Counseling program with special interest in assistive technology

2. Graduated from the University of Maryland in 1992 with a B.A. in Criminal Justice

3. Post-secondary education in photography, graphic design, and web design

4. Extensive information technology background in systems and hardware integration, quality assurance, instructional technology, and asset management

5. Volunteer work includes providing pet therapy in healthcare facilities, fostering rescued greyhounds, and providing support to patients with illnesses such as spinal cord injuries and Guillain-Barré Syndrome

1. Rehabilitation counseling is a specialization within the field of counseling that provides an effective process to assist individuals with disabilities to choose, get and keep roles they value in the community.

2. Rehabilitation counselors help people with psychiatric, physical, or developmental disabilities to discover their potential as independent, self-sufficient citizens in the community. Additionally, they advocate for their clients and within the community.

3. Currently, there is high demand in NJ and surrounding regions and nationally for master’s level rehabilitation counselors because 20% of Americans have one or more disabilities and 70% of people with disabilities are unemployed.

4. The M.S. in Rehabilitation Counseling program is dually accredited by the Council on Rehabilitation Education (CORE) and the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

5. The M.S. in Rehabilitation Counseling program prepares an individual for the Certified Rehabilitation Counselor (CRC) exam and meeting the requirements to become a Licensed Professional Counselor (LPC).